

NARI Annual Summit 2023: Menopause and Beyond - Event Program

15/09/2023

Hosted by Australian Unity

8:30am	Registrations Open
9:00am	Opening
9:05am	Welcome to Country
9:15am	Official Welcome - Video Welcome from The Hon. Ged Kearney MP, Assistant Minister for Health and Aged Care - Welcome from Kat Theophanous MP, Parliamentary Secretary for Women's Health - Welcome from Professor Briony Dow (Director, NARI) and Dr. Jeannie Yoo (Australian Unity)
9.50am	Session 1 - Menopause and Beyond (including Keynote Presentation) - Professor Susan Davis AO (Keynote Speaker), Monash University "Menopause, Not a Flash in the Pan but the Gateway to Healthy Ageing" - Professor Martha Hickey, The University of Melbourne "Empowering Women to Manage Menopause" (Video)
11:00am	Morning Tea
11.30am	Session 2 - Addressing Health Issues Amongst Older Women - Professor Joan Ostaszkiewicz, NARI "Maintaining Continence with Age" - Associate Professor Frances Batchelor, NARI "Falls and Injury Prevention for Women: Getting the Balance Right" - Lindy Moffatt, Neuroscience Research Australia (NeuRA) "Ngarraanga Giinganay "Thinking Peacefully" - A Mindfulness Program for Older Aboriginal People"
1.00pm	Lunch
1:45pm	Session 3 - Intersectionality - Tricia Currie, Women's Health Loddon Mallee "Her Health Matters: A Rural/Regional Perspective" - Professor Bianca Brijnath, NARI "Gendering Sociocultural Experience of Dementia Care: CALD Women's Perspectives" - Fiona York, Housing for the Aged Action Group Inc. "Older Women Ageing in a Housing Crisis"
3:15pm	Break
3:25pm	Session 4- Panel Discussion: Older Women as Leaders - Debra O'Connor (Facilitator), NARI - Cathy Roth, PALZ - Lindy Moffatt, NeuRA - Dr. Primrose White, Monash University - Dr. Sarah White, Jean Hailes for Women's Health
3:50pm	Summary and Thank You from Professor Briony Dow, NARI Director
4:00pm	Close