



DIFFICULT BEHAVIOURS

“Dementia affects Mum’s moods. It has become difficult for her to complete tasks she once did easily. She becomes confused and irritable and may say or do inappropriate things.”



Every day is different but there are ways to respond to difficult behaviours more calmly and patiently. Avoid correcting your loved one when they behave out of character. Having a sense of humour and learning more about dementia can help. Support services, and information about advance care planning are available.

Talk to your doctor and contact:

Translating and Interpreting Service (TIS)
(24 hours, every day of the year)

Immediate Phone Interpreting **131 450**
www.tisnational.gov.au

My Aged Care **1800 200 422**, www.myagedcare.gov.au

Dementia Australia, National Dementia Helpline **1800 100 500**
www.dementia.org.au

Carer Gateway **1800 422 737**, www.carergateway.gov.au

Advance Care Planning Australia **1300 208 582**
www.advancecareplanning.org.au

