

DIFFICULTIES COMMUNICATING

“My wife changed in many ways. As her dementia progressed, she found it harder to speak. It wasn't easy, but we learned new ways to communicate as we adjusted to a different way of life.”



Check your loved one's hearing aid or glasses fit well. Try using different, contrasting colors at home to help them see more clearly. Speaking slowly at a comfortable volume helps focus attention. A smile, a hug or a compliment lessens their anxiety. More information about dementia and help is available through carer support groups, in-home, and respite care, and advance care planning options.

Talk to your doctor and contact:



Translating and Interpreting Service (TIS)
(24 hours, every day of the year)

Immediate Phone Interpreting **131 450**
www.tisnational.gov.au

My Aged Care **1800 200 422**, www.myagedcare.gov.au

Dementia Australia, National Dementia Helpline **1800 100 500**
www.dementia.org.au

Carer Gateway **1800 422 737**, www.carergateway.gov.au

Advance Care Planning Australia **1300 208 582**
www.advancecareplanning.org.au